

# Dogs therapeutic

The seniors at Edspace School and the staff at Dogs for Life are running dog therapy sessions at Alkoomi Residential Aged Care.

Dog therapy is education on how to get in touch with a dog that can provide affection and comfort.

Dog therapy is used on people in hospitals, retirement and nursing homes, schools, etc.

Dog therapy activities include throwing or passing a ball, touching a dog, talking to and socialising with a dog, etc.

Dog therapy at Alkoomi is held on Monday afternoons from 1 pm to 1.30 pm and 1.30 pm - 2 pm.

Alkoomi Residential Aged Care is at 73 Samaria Rd, Benalla.

The seniors are attending dog therapy at Alkoomi as part of their community service of the Duke of Edinburgh Bronze Award.



**Strong support:** The seniors at Edspace School and the staff at Dogs for Life are running dog therapy sessions at Alkoomi Residential Aged Care.